

Menu – Autumn 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (Served until 8:30am upon request)	A selection of cereals (Gluten) with milk (dairy)	A selection of cereals (Gluten) with milk (dairy)	A selection of cereals (Gluten) with milk (Dairy)	A selection of cereals (Gluten) with milk (Dairy)	A selection of cereals (Gluten) with milk (Dairy)
Lunch	Homemade cottage pie (Gluten, Soya) served with a selection of fresh vegetables (Quorn bolognaise (Egg) available on request)	Roast chicken with roast potato's, fresh vegetables, yorkshire pudding (Gluten, Egg, Dairy) and gravy (Gluten, Soya) (Vegetarian Sausage (Gluten, Egg) available on request)	Homemade fish goujons (Fish, Gluten, Soya, Dairy, Egg) with potato wedges and beans	A secret vegetable packed bolognaise with pasta (Gluten), cheese (Dairy) and garlic bread (Dairy, Gluten)	A mild and creamy sweet potato, chickpea and chicken curry (Sulphites, may contain nuts) with rice and naan bread (Gluten, Dairy)
Alternative Lunch (Must be requested in advance)	Jacket potato with beans and/or cheese (Dairy)	Jacket potato with beans and/or cheese (Dairy)	Jacket potato with beans and/or cheese (Dairy)	Jacket potato with beans and/or cheese (Dairy)	Jacket potato with beans and/or cheese (Dairy)
Pudding	Fresh fruit and yogurt (Dairy)	Bananas with custard or ice cream (Dairy)	Homemade chocolate sponge (Gluten, Egg) and custard (Dairy)	Fresh fruit and yogurt (Dairy)	Homemade fruit sponge (Gluten, Egg) and custard (Dairy)
Tea (All tea's are served with a selection of fresh fruit, raw veg sticks and a sweet treat (Gluten, Milk, Soya))	Homemade cheese scones (Dairy, Gluten, Egg)	Sausage rolls (Gluten) (Vegetarian available on request)	Savoury Crackers (Gluten) With ham, cheese (Dairy) or marmite Under 2's – Buttered crumpets (Gluten)	Homemade pizza (Dairy, Gluten) Under 2's – Pizza Muffins (Diary, Gluten)	A selection of sandwiches (Gluten, Soya) With ham/cheese (Dairy) or marmite
Snacks	A selection of fruit, vegetables, savoury snacks and milk are made available during the sessions. Children are encouraged to drink water from their bottles regularly throughout the day.				
Allergens	ALTERNATIVE INGREDIENTS ARE USUALLY AVAILABLE TO CATER FOR ALLERGIES AND INTOLERANCES. THESE ARE AGREED ON AN INDIVIDUAL BASIS FOLLOWING A MEETING BETWEEN THE NURSERY AND PARENT/CARER.				